

Erfahrungsbericht / *Report of experience*

Name:	
Heimatuniversität / <i>Home university:</i>	University of Naples Federico II
Land / <i>Country:</i>	Italy
Aufenthalt im / <i>Stay in</i> Sommer / Summer	Semester / <i>semester</i> 20 24
Studienfach an der HHU / <i>Subject at HHU:</i>	Medizin

Bitte teilen Sie Ihre Erfahrungen mit zukünftigen Studierenden. *Please share your experience with future students: (Mindestens 1500 Zeichen mit Leerzeichen. At least 1500 characters with spaces.)*

My Erasmus experience was overall positive and enriching, filled with unforgettable moments and personal discoveries that contributed to my academic and personal growth. Deciding to participate in this program was one of the best choices I could have made, despite some difficulties encountered along the way. The Beginning of the Adventure As soon as I arrived in the host city, I was welcomed by an international atmosphere and a group of students from all over the world. The cultural diversity immediately proved to be a great enrichment, allowing me to get in touch with different traditions, languages, and perspectives. The activities organized by the local Erasmus association facilitated integration and the creation of new friendships, some of which I am sure will last a lifetime. Academic Life From an academic point of view, my Erasmus period was very stimulating. I had the opportunity to attend courses taught by high-level professors and to access academic resources that expanded my knowledge in my field of study. The teaching methodology, different from what I was used to, pushed me to develop new skills and become more independent in my studies. Group work with students from different nationalities further enriched my experience, allowing me to learn new ways of collaboration and problem-solving. Internship and Bureaucratic Hurdles One of the most important aspects of my experience was the internship. The opportunity to work in an international context was a challenge and a great growth opportunity. However, there were obstacles. The bureaucracy was often excessive, requiring significant time and patience to complete all the necessary procedures. Additionally, during the internship, I encountered a certain lack of willingness from some doctors to teach and fully engage international students. This made practical learning more difficult, forcing me to actively seek opportunities to acquire knowledge and skills in the field. Social and Cultural Life Life outside the university was equally exciting. I had the opportunity to travel and discover enchanting places, immersing myself in the local culture and experiencing different customs and traditions. The parties, cultural events, and excursions organized by the Erasmus association were moments of great fun and sharing. The chance to live in such a dynamic and multicultural environment allowed me to broaden my horizons and see the world with new eyes. Conclusion In conclusion, my Erasmus experience was a period of intense growth and discovery. Despite the difficulties encountered, such as bureaucracy and the limited availability of some doctors during the internship, the balance is overwhelmingly positive. I acquired academic and professional skills, made new friends, and developed greater open-mindedness and cultural awareness. I would recommend all students take this opportunity, as an Erasmus experience enriches not only the curriculum but also life.

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